



SHERATON

On The Falls Hotel



Meeting Menu Package 2021



Wrap It Up Package

All day Meeting Package includes continuous Starbucks regular, decaffeinated coffee and selection of Tazo Specialty Teas. All menus are served buffet style. Maximum 50 people.

Breakfast

Assorted juices
Power and granola bars
Croissants, danishes, muffins, butter and preserves
Individual non-fat, plain and flavoured yogurt
Sliced fruit

Morning Break

Lemon poppy seed cake
Cranberry cake

Wrap and Salad Lunch

Apple fennel cole slaw
Traditional potato salad
Assorted pickled vegetables and olives
Selection of hand made wraps
Roasted red pepper and grilled chicken
Grilled vegetable hummus
Roast beef, cheddar, and horseradish aioli
Julienne vegetables with tomato and pesto
Assorted desserts
Fresh fruit

Afternoon Break

Individual bags of chips, pretzels and bits and bites
Assorted soft drinks



Healthy Breakfast and Working Lunch Package

All day Meeting Package includes continuous Starbucks regular, decaffeinated coffee and selection of Tazo Specialty Teas. All menus are served buffet style. Maximum 50 people.

Breakfast

Assorted fruit juices
Croissants, danishes and muffins
Sliced fresh fruit
Individual non-fat and flavoured yogurt

Morning Break

Assorted coffee cakes

Soup and Sandwiches

Chefs soup du jour
Seasonal greens with assorted dressings
Chefs selection of sandwiches
Assorted desserts

Afternoon Break

Fresh oven baked cookies



Little Italy Package

All day Meeting Package includes continuous Starbucks regular, decaffeinated coffee and selection of Tazo Specialty Teas. All menus are served buffet style. Maximum 50 people.

Breakfast

Assorted fruit juices
Fresh sliced fruit
Assortment of fresh pastries, butter, preserves
Farm fresh scramble eggs
Crispy smoked bacon, pork sausage links
Home fries garnished with onions and peppers

Morning Break

Biscotti, brownies and raspberry chocolate coffee cake

Lunch

Build your own caesar salad
Antipasto display includes; marinated vegetables,
Roasted peppers, salami, capicola and italian cheeses
Gemelli Alfredo
Penne with marinara sauce
Hand crafted meatballs and sweet italian sausage
Fresh baked rolls, assorted Italian bread and butter
Assorted desserts

Afternoon Break

Domestic and imported cheese display
Fresh fruit, assorted crackers



Indoor Picnic Package

All day Meeting Package includes continuous Starbucks regular, decaffeinated coffee and selection of Tazo Specialty Teas. All menus are served buffet style. Maximum 50 people.

Breakfast

Assorted fruit juices
Assorted fresh pastries
Assorted individual yogurts, non-fat and flavoured
Fresh sliced fruit
Fresh farmed scrambled eggs
Breakfast sausage, and crispy smoked bacon
Golden tator tots with peppers and onions

Morning Break

Assorted scones with whipped butter and preserves

Indoor Picnic

Fresh greens with assorted dressings
Tomato and fresh basil salad
BBQ picnic potato salad
BBQ spiced rub chicken served with our homemade BBQ sauce
Seasoned potato wedges served with low-fat peppercorn ranch
Chef's choice of desserts

Afternoon Break

Tortilla chips
Diced tomato, sour cream, cheese, hot peppers, salsas
Assorted soft drinks