

2021 FIT AND GROUP TOUR MENU

BREAKFAST BUFFET

Fresh sliced fruit platter

Assorted baked pasteries

Assorted muffins

Freshly baked croissants

Assortment of yogurt

Cold cuts and cheese

Scrambled eggs

Pork sausage

Turkey sausage

Crispy bacon

Home fried potatoes

Hot oatmeal

Assorted cold cereals

Buttermilk pancakes & waffles

Made to order eggs and omelettes

Toast and bagels

Selection of condiments

Orange, grapefruit, apple and cranberry juices

Bottled water

Selection of milk

Coffee, decaffinated coffee and tea

BOXED BREAKFAST

Option 1

Bottled fruit juice

Fresh baked croissant with butter and preserves

Honey granola bar

Seasonal fruit

Option 2

Bottled juice

Fresh baked muffin with butter and preserves

Smoked ham, honey mustard and

egg sandwich on 7 grain loaf

Honeyed granola bar

Seasonal fruit

Option 3

Bottled juice

Fresh baked muffin with butter and preserves

Artisan Canadian cheeses, cured meats,

vegetable anti pasto, crackers and crostini

Seasonal fruit

Two days notice is required for any of these options.

Private lunch and dinner options available on request

NiagaraTravelTrade.com

6740 Fallsview Blvd., Niagara Falls, Canada